 **What to pack**

**Here’s a list of things you’ll need to pack – along with a few that aren’t essential but could be useful.**

**Things you need:**

* Luggage Case – please restrict this to one MEDIUM case plus one piece of hand luggage.

(Metal framed rucksacks should be avoided as they are difficult to fit into the coach)

* Freshly Laundered Sleeping bag or small duvet , PILLOW and pillowcase-in a named bag
* Old clothes for water activity sessions- clothing will get wet and if weather is good we can dry clothes however if not clothes will come home wet
	+ 4-5 long-sleeved shirts/jumpers,
	+ 4-5 trousers / jogging bottoms, appropriate length shorts-knee length.
	+ Girls no short cycling shorts-need to be just above the knee.
	+ 5-6 T-Shirts
	+ Closed-toe shoes are required for nearly all sessions.
	+ AT Least **two** pairs of shoes- one pair required for wet activities that children will have to put on wet at some point during the week
	+ Clothes, shoes and underwear for other times.
	+ NO DENIM JEANS.
	+ No CROP/Vest tops for activities
	+ **Children will be asked to change if their shorts are too short**
* A couple of large plastic bag for dirty clothes & wet clothes
* Bath towels x 2
* Sunglasses, sun cream and hat in the summer
* Pyjamas and slippers
* Old Pair of trainers that will get wet for water based activities
* A drink bottle (essential in the summer)
* Rucksack
* Toiletries etc (please note deodorants must be roll-on, no aerosols)

Useful items:

* Books, playing cards and other quiet activities
* Torch
* Wet suit if you have one, not needed if weather is warm.
* Waterproof clothing (jacket / trousers)-dependent on the weeks forecast- we are going in June so hopefully will be with us- so not essential if weather looks ok, we will know nearer the time

Useful notes:

* No jewellery (including piercings), except stud earrings / No phones.
* No wellies
* Please name EVERYTHING you bring with you.
* Denim jeans are not ideal for outdoor use
* Appropriate length shorts are mid-thigh down-Children will be asked to change if they do not have the correct length of shorts-which will delay the start of the activity

**Manor Adventure can’t accept liability for the loss of any personal property brought to our centres – so please don’t bring any valuable items, expensive clothing and footwear, mobile phone, handheld games consoles etc. We’re unable to store them and they won’t be insured whilst on centre. Manor Adventure cannot accept responsibility for any insect bites/infestations if brought in on clients’ sleeping bags/bedding’**